

PRAYER GUIDE FOR LEADERS:

Bringing Your Struggles to Jesus





This guide is designed to help men in leadership take their hidden struggles directly to Jesus in prayer. Each section includes scripture, reflection questions, and space to journal.



Brought to you by **Don Wood**, a leadership coach, speaker, and host of Men's Leadership God's Way podcast. Don helps men strengthen their faith, lead with authenticity, and find purpose through God's guidance in every area of life.



PRESSURE & STRESS

SCRIPTURE:

MATTHEW 11:28-30

Prayer Question:

“Lord, what burdens am I carrying that You never asked me to carry?”

SCRIPTURE:

PSALM 23:2-3

Prayer Question:

“Jesus, how do You want me to lead from rest, not exhaustion?”

SCRIPTURE:

1 PETER 5:7

Prayer Question:

“What do I need to release into Your hands today?”



NOTES / JOURNAL:

A blank sheet of lined paper with horizontal blue lines and a vertical red margin line on the left side. The paper is oriented vertically and has a clean, unlined top section for a header or title. The rest of the page is filled with evenly spaced horizontal blue lines, with a red vertical line running down the left side to create a margin. There is no text or other markings on the page.

LONELINESS & ISOLATION

SCRIPTURE:

HEBREWS 13:5

Prayer Question:

“Jesus, where are You in the moments I feel most alone as a leader?”

SCRIPTURE:

ECCLESIASTES 4:9-10

Prayer Question:

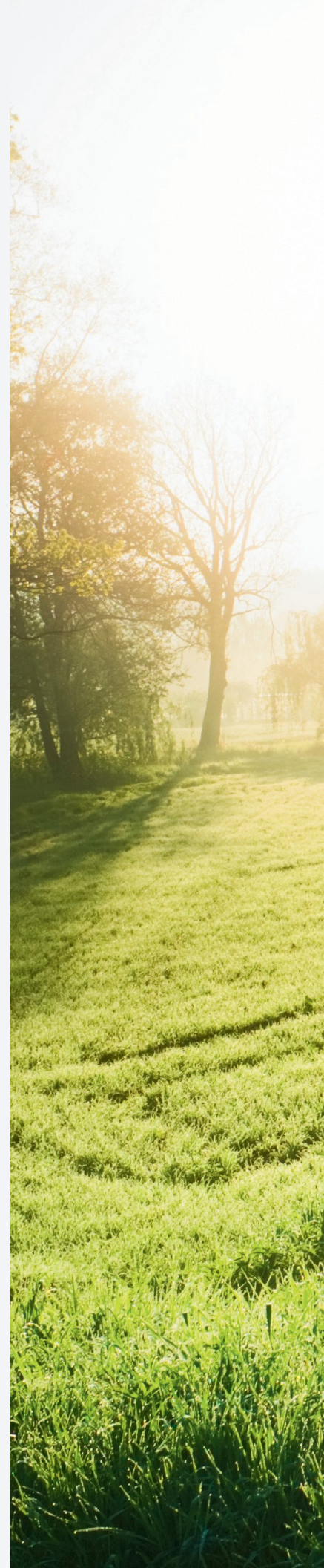
“Who do You want me to open up to so I don’t carry this weight alone?”

SCRIPTURE:

PSALM 34:18

Prayer Question:

“How can I feel Your presence more deeply when no one else understands?”



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TEMPTATION & INTEGRITY

SCRIPTURE:

PROVERBS 4:23

Prayer Question:

“Lord, what guardrails do You want me to put in place to protect my heart?”

SCRIPTURE:

1 CORINTHIANS 10:13

Prayer Question:

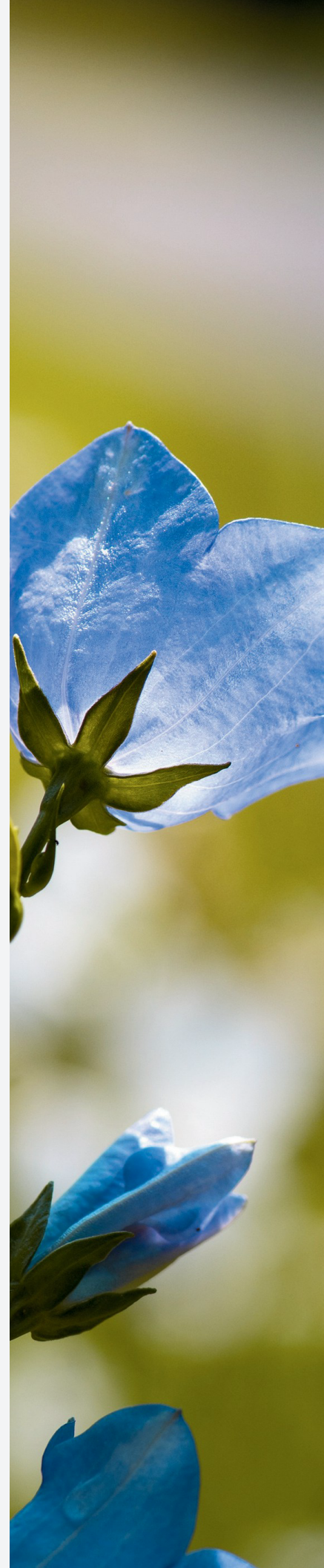
“How do You want me to deal with the temptation I’m facing instead of hiding it?”

SCRIPTURE:

PSALM 119:11

Prayer Question:

“What truth from Your Word do I need to hold onto when I feel weak?”



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FEAR & DECISION-MAKING

SCRIPTURE:

PROVERBS 3:5-6

Prayer Question:

“Jesus, what decision am I trying to control instead of surrendering to You?”

SCRIPTURE:

JOSHUA 1:9

Prayer Question:

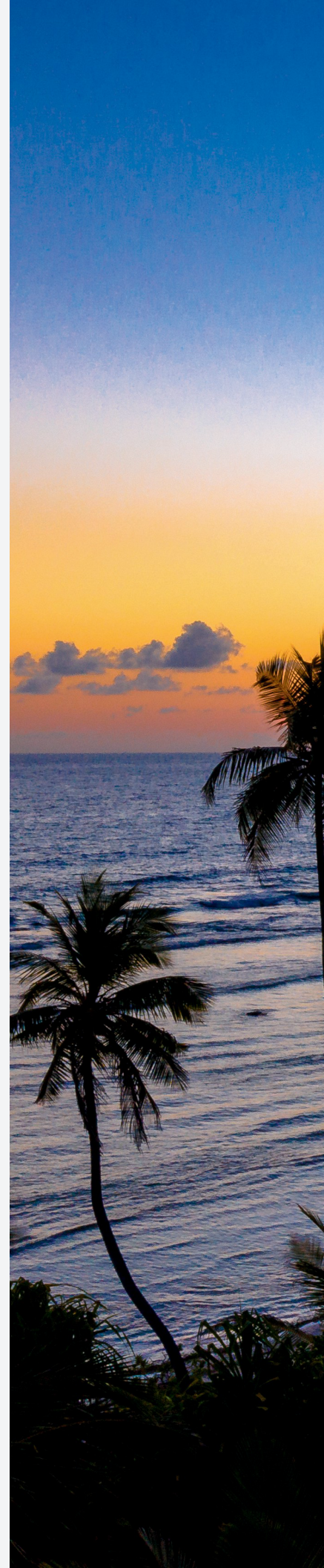
“How do I lead with courage instead of fear?”

SCRIPTURE:

JOHN 14:27

Prayer Question:

“What would You say to me if You were sitting in this office chair right now?”



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IDENTITY & CALLING

SCRIPTURE:

GALATIANS 1:10

Prayer Question:

“Lord, am I leading for Your approval or people’s applause?”

SCRIPTURE:

1 SAMUEL 16:7

Prayer Question:

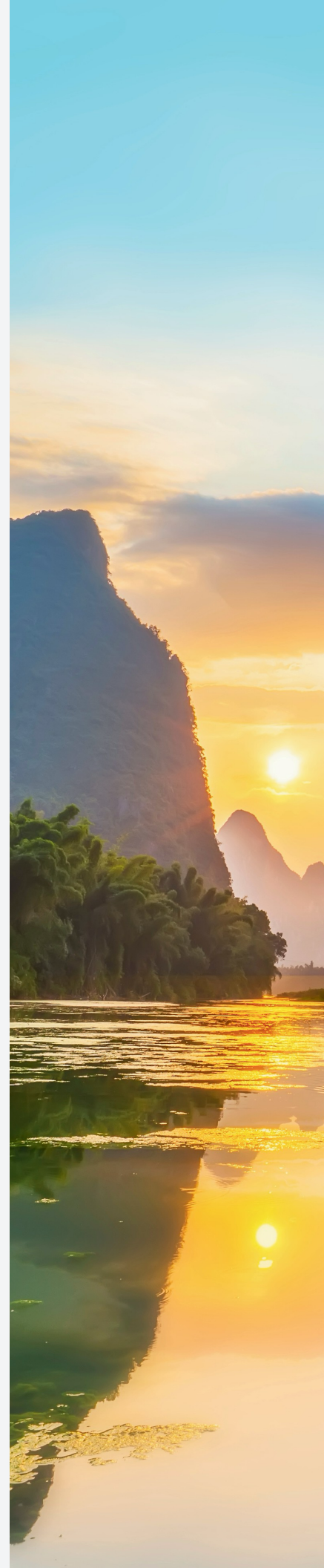
“What part of my leadership have I built on image instead of character?”

SCRIPTURE:

EPHESIANS 2:10

Prayer Question:

“What do You want me to remember about who I am in You before I step into another meeting?”



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WEAKNESS & GRACE

SCRIPTURE:

2 CORINTHIANS 12:9

Prayer Question:

“Jesus, what do You want me to know about my weakness right now?”

SCRIPTURE:

HEBREWS 4:15-16

Prayer Question:

“Where am I resisting Your grace because I’m trying to be strong on my own?”

SCRIPTURE:

ROMANS 8:1

Prayer Question:

“How do You see me when I feel like I’m failing as a leader?”



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Ready to bring me to your event, organization, or team?

Reach out today to discuss your goals and how I can customize my speaking, workshops, or coaching for your needs.

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